



SPIN - NOVEMBER SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPIN with SANDY 515AM-615AM	SPIN with KYLIE 515AM-615AM	SPIN with SANDY 515AM-615AM	SPIN with KYLIE 515AM-615AM		
SPIN with MARK PALMER 930AM-1030AM	SPIN with MARK PALMER 9AM-10AM	SPIN with MARK PALMER 930AM-1030AM	SPIN with MARK PALMER 9AM-10AM		SUPER SPIN with MARK PALMER 9AM-1030AM
SPIN with EVERETT 6PM-7PM	SPIN with WILL 11AM-12PM	SPIN with BRITTANY 6PM-7PM	SPIN with WILL 11AM-12PM	SPIN with EVERETT 6PM-7PM	
	SPIN with JULIE 6PM-645PM		SPIN with EVERETT 6PM-7PM		
	SPIN with JULIE 7PM-745PM				

THERE ARE 24 OPEN SPOTS IN EACH SPIN CLASS. YOU MUST SIGN IN AT THE FRONT DESK AND GET AN ARM BAND IN ORDER TO INSURE THAT YOU HAVE A BIKE RESERVED. FIRST COME, FIRST SERVED. NO CALL AHEADS. RESERVATION BEGINS 30 MINUTES PRIOR TO START OF CLASS.